



# State of New Hampshire

## Employee Health Benefits Program

### Understanding Your Diabetic Supplies Benefits

People living with diabetes understand that managing the disease can be overwhelming and costly. This document outlines your pharmacy and medical diabetic supply benefits so you can determine the most cost effective options available.

#### **Diabetic Supply Benefits Under Your Express Scripts Pharmacy Plan**

##### **Prescription Drugs and Insulin:**

Anti-diabetic prescription drugs and insulin are covered by Express Scripts. You are subject to the applicable retail or mail-order copayments for generic, preferred, and non-preferred drugs on the formulary. Formulary drugs include Janumet, Janumet XR, Januvia, Kombiglyze XR, Onglyza, Bydureon, Byetta, Humulin and Humalog.

There are some brand names excluded from the formulary. If you choose to fill one of these prescriptions without a medical prior authorization, you will be charged the full cost. With a prior authorization, you will be subject to the non-preferred copayment. The excluded brand names are Jentadueto, Kazano, Nesina, Tradjenta, Victoza, Novolin, Apidra, and NovoLog.

##### **Diabetic Supplies:**

Many of your pharmacy supplies are available over the counter (OTC). **With a prescription from your doctor**, you can use your Express Scripts pharmacy benefit to help pay for the following OTC supplies, subject to the applicable copayment:

- Alcohol swabs
- Lancets
- Urine/blood test strips and tapes - LifeScan (OneTouch) brand only\*\*
- Blood glucose testing monitors - LifeScan (OneTouch) brand only\*\*
- Insulin syringes with or without needles

**\*\* Express Scripts will NOT cover the following blood glucose meters and strips: Abbott (Freestyle, Precision), Bayer (Breeze, Contour), Nipro (TRUEtrack, TRUEtest), and Roche (Accu-Chek).**

Items excluded from coverage are:

- Continuous glucose monitors/transmitters/sensors
- Over the counter hyperglycemic products (Insta-glucose)
- Insulin pumps and pump supplies

**Free OneTouch Blood Glucose Meter:** Express Scripts offers free blood glucose meters through the OneTouch manufacturer. Visit [www.OneTouch.orderpoints.com](http://www.OneTouch.orderpoints.com) and input order code 573EXP333 or call (800) 668-7148 and provide the same order code.

To learn more about the Express Scripts formulary, call Member Services at (866) 544-1798 or go to [Express-Scripts.com](http://Express-Scripts.com).

#### **Diabetic Supply Benefits Under Your Anthem Medical Plan**

The Durable Medical Equipment (DME) benefit through Anthem allows you to purchase diabetic supplies at **no cost to you** as long as you have a prescription from your doctor and use an Anthem participating DME provider. Most diabetic supply DME providers sell a wide variety of diabetic testing supplies and brands (i.e., blood sugar/glucose meters, batteries, test strips, lancing devices, lancets, and alcohol swabs), as well as Continuous Glucose Monitor Systems, insulin pumps and pump supplies.

For your convenience, four participating Anthem DME diabetic supply providers are listed below. DME providers vary in what supplies and brands they offer and the Anthem list of suppliers is subject to change. For example, not all DME providers sell needles and syringes. Before choosing your DME provider, you should confirm they sell the diabetic supplies you need and that your insurance will be accepted. Check out the DME providers' websites for informational resources for diabetic patients.

To learn more about your DME benefits through Anthem, call Member Services at (800) 933-8415 or go to [www.anthem.com](http://www.anthem.com).

Edgepark Medical Supplies  
[www.edgepark.com](http://www.edgepark.com)  
1-888-394-5375

Liberty Medical Supplies  
<http://www.libertymedical.com/diabetes>  
(800) 695-2500

Apria  
(800) 780 – 1076  
Mon - Fri, 9AM to 8PM and Sat 9AM – 6PM  
<http://www.apria.com/wps/portal/apria/home/therapies/patients-and-caregivers/diabetes>

Diabetic Supplies International  
(603) 938-5225  
Leave a message and a representative  
will return your call